

# DRSABCD



IN AN EMERGENCY CALL **TRIPLE ZERO (000)** FOR AN AMBULANCE

## D

### Dangers?

Ensure the area is safe for yourself, others and the patient.



## R

### Responsive?

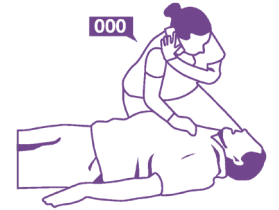
Check for a response: ask name, squeeze shoulders.  
**No response?** Send for help.  
**Response?** Make comfortable and monitor response.



## S

### Send for help

Call triple zero (000) for an ambulance or ask another person to make the call.



## A

### Open Airway

Open the mouth and check the airway for foreign material.  
**Foreign material?** Place in the recovery position and clear the airway.  
**No foreign material?** Leave in position.  
Open the airway by tilting the head back with a chin lift.



## B

### Normal Breathing?

Check for breathing: look, listen, feel for 10 seconds.  
**Not normal breathing?** Ensure an ambulance has been called; start CPR.  
**Normal breathing?** Place in the recovery position and monitor breathing.



## C

### Start CPR

30 chest compressions : 2 breaths.  
Continue CPR until help arrives or the patient starts breathing.



## D

### Attach defibrillator (AED)

and follow the voice prompts.



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